



“MUHU CUP LR 2026”

ESTONIAN DEFENCE LEAGUE 2026 LONG-RANGE SHOOTING CHAMPIONSHIP SERIES STAGE IV

COMPETITION REGULATIONS

1. PURPOSE

1.1. To determine the best shooters at each individual stage and, based on the accumulated championship points, the overall winners of the 2026 Long-Range Shooting Championship Series.

1.2. To improve the long-range shooting knowledge, skills and professional competence of members of the Estonian Defence League.

1.3. To make shooting, firearms training and shooting competitions accessible to every member of the Estonian Defence League.

COMPETITION CATEGORY: A

Estonian Defence League Championship and Cup competitions, as well as open shooting competitions organised by structural units of the Estonian Defence League, involving more than nine (9) Defence League structural units or national/international participating organisations.

2. ORGANISER

2.1. Estonian Defence League Headquarters, Training Department G7, in cooperation with Pinpoint Accuracy MTÜ.

3. DATE AND VENUE

3.1. 26 September 2026, Koguva Shooting Range, Muhu Island.

3.2. Access to the venue is through a manned security checkpoint.

3.3. Google Maps search: **Koguva karjääritee**.

3.4. Registration and accreditation will take place at the location marked with the red marker.



4. CHIEF RANGE OFFICER AND JURY

4.1. Chief Range Officer: Margus Purlau.

4.2. Firing-line, target and assistant Range Officers will be appointed separately.

5. PARTICIPANTS

5.1. The Estonian Defence League 2026 Long-Range Shooting Championship Series Stage IV, “Muhu Cup LR 2026”, is open to all structural units of the Estonian Defence League, the



Estonian Defence Forces, including allied forces, and the Estonian Police and Border Guard Board.

5.2. Guest competitors may participate subject to prior approval by the organiser.

5.3. Guest participation will be confirmed after the registration deadline, subject to available places.

5.4. Each participating structural unit should, where possible, include one (1) volunteer Assistant Range Officer in its delegation. The Assistant Range Officer may also be a team representative or a competitor participating in only one event.

5.6. Assistant Range Officers will be briefed by the Chief Range Officer upon arrival at registration. Additional instructions will be provided at the competition venue.

6. REGISTRATION

6.1. Please register for the competition by e-mail at:

margus.purlau@kuitseliit.ee

6.2. Registration opens on 24 August 2026 and closes on 12 September 2026.

6.3. Confirmation of registration will be sent to the e-mail address of the person submitting the registration.

6.4. At the participant's request, and in cooperation with the organiser, personal details may be withheld from the published competition results in order to ensure confidentiality.

6.5. Further information:

Registration:

Margus Purlau

Tel: [+372 5349 2521](tel:+37253492521)

margus.purlau@kuitseliit.ee

Competition Regulations:

Indrek Varba

Tel: [+372 505 8114](tel:+3725058114)

indrekvar@gmail.com

6.7. The number of available starting places is limited. See Section 9, **Maximum Number of Starting Places**.

6.8. The organiser reserves the right to reduce or increase the number of starting places specified in these regulations and, if necessary, to conduct the competition over two days. Competitors will be informed of any amendments to the regulations at least one week in advance.

6.9. The organiser reserves the right to amend the start list where necessary to ensure the efficient conduct of the competition.

6.10. If the number of registered participants exceeds the available starting places, priority will be given according to the order in which registrations were received. Participants concerned will be informed immediately.

6.11. A competitor may participate with different firearms in up to two (2) competition classes.



7. TIMETABLE

25 September 2026

Time	Activity	Conducted by	Location	Responsible
10:00	Preparation of the shooting range	Organisers	Koguva Shooting Range	Margus Purlau, Estonian Defence League Headquarters
17:00	Completion of preparations	Organisers	Koguva	

26 September 2026

Time	Activity	Conducted by	Location	Responsible
08:00–09:00	Registration / accreditation	Organisers	Registration tent	Competition Secretary
09:00–17:00	Competition	Organisers	Firing line	Firing-Line Range Officer
18:00	Awards ceremony	Organisers	Waiting area	Chief Organiser

7.1. Shooting events will be conducted in accordance with the published start lists.

7.2. Registration will be open from 08:00 to 09:00 and will operate continuously according to the arrival of competitors.

7.3. Each competitor must report to the Competition Secretary, confirm participation and sign to acknowledge that they have read and understood these Competition Regulations and the applicable safety regulations.

7.4. Before proceeding to the firing line, every competitor must pass firearm inspection.

7.5. Catering will commence at 12:30 in the designated catering area.

8. COMPETITION CLASSES AND DISTANCES

8.1. **Rifleman** – 300 m and 500 m.

8.2. **Designated Marksman – Semi-Automatic** – 300 m, 500 m and 600 m.

8.3. **Designated Marksman – Bolt-Action** – 300 m, 500 m, 600 m and 800 m.

8.4. **Sniper Magnum** – 500 m, 600 m, 800 m and 1,000 m.

8.5. **Open Class** – 300 m, 500 m, 600 m and 800 m.

8.6. **Additional event: 1 km Designated Marksman** – open to Bolt-Action Designated Marksman, Open Class and Semi-Automatic firearms.

The 1 km event will only be conducted if the main competition has been completed before 15:00 and the organiser is able to determine that there is sufficient time and a viable number of participants.

9. MAXIMUM NUMBER OF STARTING PLACES

9.1. Rifleman – up to 20 starting places.

9.2. Designated Marksman – Semi-Automatic – up to 40 starting places.

9.3. Designated Marksman – Bolt-Action – up to 20 starting places.

9.4. Sniper Magnum – up to 16 starting places.

9.5. Open Class – up to 8 starting places.



9.6. 1 km Designated Marksman – up to 8 starting places.

10. COURSES OF FIRE

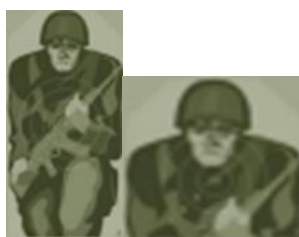
10.1. Targets at distances from 300 m to 1,000 m may be positioned so that a competitor can complete two courses of fire at different distances without leaving the firing line.

10.2. Targets, courses of fire and time limits according to distance and competition class:

Distance	Target	Competition Class	Number of Shots	Time
300 m and 500 m	Half-figure, 50 × 100 cm	Rifleman	10 + 10	10 min
300 m	Torso, 50 × 50 cm	Designated Marksman – Semi-Automatic	10	5 min
300 m	Torso, 50 × 50 cm	Designated Marksman – Bolt-Action	5	5 min
300 m	Torso, 50 × 50 cm	Open Class	5	5 min
500 m	Torso, 50 × 50 cm	Designated Marksman – Semi-Automatic	10	5 min
500 m	Torso, 50 × 50 cm	Designated Marksman – Bolt-Action	5	5 min
500 m	Torso, 50 × 50 cm	Sniper Magnum	5	5 min
500 m	Torso, 50 × 50 cm	Open Class	5	5 min
600 m	Half-figure, 50 × 100 cm	Designated Marksman – Semi-Automatic	10	5 min
600 m	Half-figure, 50 × 100 cm	Designated Marksman – Bolt-Action	5	5 min
600 m	Half-figure, 50 × 100 cm	Sniper Magnum	5	5 min
600 m	Half-figure, 50 × 100 cm	Open Class	5	5 min
800 m	Half-figure, 50 × 100 cm	Designated Marksman – Bolt-Action	5	5 min



Distance	Target	Competition Class	Number of Shots	Time
800 m	Half-figure, 50 × 100 cm	Sniper Magnum	5	5 min
800 m	Half-figure, 50 × 100 cm	Open Class	5	5 min
1,000 m	Half-figure, 50 × 100 cm	Sniper Magnum	5	5 min
1,000 m	Half-figure, 50 × 100 cm	1 km Designated Marksman – Bolt-Action	5	5 min
1,000 m	Half-figure, 50 × 100 cm	1 km Designated Marksman – Semi-Automatic	5	5 min
1,000 m	Half-figure, 50 × 100 cm	1		



11. CONDUCT OF THE COMPETITION

11.1. The order of shooting will be published on the morning of the competition.

11.2. Rifleman Class competitors will shoot first.

11.3. They will be followed by Designated Marksman, Sniper Magnum and Open Class competitors.

12. TECHNICAL REQUIREMENTS FOR FIREARMS, AMMUNITION AND EQUIPMENT

12.1. General Technical Requirements for All Competition Classes

12.1.1. Minimum trigger pull weight is 1 kg. Set-trigger systems are prohibited.

12.1.2. Specialised front or rear shooting rests with side “ears”, including bench-rest-type equipment, are prohibited.

12.1.3. All firearm-support equipment must be of a tactical type that can reasonably be carried by the shooter during tactical movement without undue restriction.

12.1.4. Aftermarket barrels are permitted provided that their length does not exceed the original manufacturer’s barrel length by more than 15 mm.

12.1.5. Modification or replacement of the firearm stock to better suit the individual shooter is permitted.

12.2. Rifleman

12.2.1. Permitted cartridge types:

- 5.56 × 45 NATO or .223 Remington;
- 6.5 × 55 Swedish Mauser;
- 7.62 × 51 NATO or .308 Winchester;



- 7.62 × 53R;
- 7.62 × 54R;
- 7.62 × 39;
- 7.5 × 55 Swiss;
- 7.92 × 57 Mauser.

12.2.2. A firearm manufactured for military use and fitted with iron sights is permitted.

12.2.3. A sling, sandbag or rucksack may be used to support the front of the firearm.

12.2.4. The rear of the firearm may only be supported by the shooter's shoulder.

12.2.5. Additional target-shooting dioptré sights, optical sights and red-dot sights are prohibited.

12.2.6. The aperture of the rear dioptré sight must not be less than 1.2 mm in diameter.

12.2.7. Specialised reinforced shooting jackets and trousers are prohibited.

12.2.8. Sound suppressors, muzzle brakes and flash suppressors are permitted.

12.2.9. Competitors may use a spotting scope on the firing line to observe their own results.

12.3. Designated Marksman – Semi-Automatic

12.3.1. Permitted cartridge types:

- 5.56 × 45 NATO or .223 Remington;
- 6.5 × 55 Swedish Mauser;
- 7.62 × 51 NATO or .308 Winchester;
- 7.62 × 53R;
- 7.62 × 54R;
- 7.62 × 39.

12.3.2. A firearm manufactured for military use, or a modification thereof, fitted with an optical sight is permitted.

12.3.3. The front of the firearm may be supported by a sandbag, folding bipod or other readily available support.

12.3.4. A monopod and/or sandbag may be used to support the rear of the firearm.

12.3.5. Specialised reinforced shooting jackets and trousers are prohibited.

12.3.6. One-piece shooting rests connecting the front and rear supports are prohibited.

12.3.7. Sound suppressors, muzzle brakes and flash suppressors are permitted.

12.3.8. Competitors may use a spotting scope on the firing line to observe their own results.

12.4. Designated Marksman – Bolt-Action

12.4.1. Permitted cartridge types:

- 5.56 × 45 NATO or .223 Remington;
- 6.5 × 55 Swedish Mauser;
- 7.62 × 51 NATO or .308 Winchester;
- 7.62 × 53R;
- 7.62 × 54R;
- 7.62 × 39;
- 7.5 × 55 Swiss;
- 7.92 × 57 Mauser.

12.4.2. A firearm manufactured for military use, or a modification thereof, fitted with an optical sight is permitted.

12.4.3. The front of the firearm may be supported by a sandbag, folding bipod or other readily available support.

12.4.4. A monopod and/or sandbag may be used to support the rear of the firearm.

12.4.5. Specialised reinforced shooting jackets and trousers are prohibited.

12.4.6. One-piece shooting rests connecting the front and rear supports are prohibited.



12.4.7. Sound suppressors, muzzle brakes and flash suppressors are permitted.

12.4.8. Competitors may use a spotting scope on the firing line to observe their own results.

12.5. Sniper Magnum

12.5.1. Permitted cartridge types:

- 7.62 × 67 mm / .300 Winchester Magnum;
- 8.6 × 70 mm / .338 Lapua Magnum.

12.5.2. A firearm manufactured for military use, or a modification thereof, fitted with an optical sight is permitted.

12.5.3. The front of the firearm may be supported by a sandbag, folding bipod or other readily available support.

12.5.4. A monopod and/or sandbag may be used to support the rear of the firearm.

12.5.5. Specialised reinforced shooting jackets and trousers are prohibited.

12.5.6. One-piece shooting rests connecting the front and rear supports are prohibited.

12.5.7. Sound suppressors, muzzle brakes and flash suppressors are permitted.

12.5.8. Competitors may use a spotting scope on the firing line to observe their own results.

12.6. Open Class

12.6.1. All cartridge types legally permitted for civilian use in the Republic of Estonia are allowed.

12.6.2. A firearm manufactured for sporting or hunting purposes, or a modification thereof, fitted with an optical sight or target-shooting dioptré sight may be used provided that the firearm is not eligible for another competition class.

12.6.3. The front of the firearm may be supported by a sandbag, folding bipod or other readily available support.

12.6.4. A monopod and/or sandbag may be used to support the rear of the firearm.

12.6.5. Specialised reinforced shooting jackets and trousers are prohibited.

12.6.6. One-piece shooting rests connecting the front and rear supports are prohibited.

12.6.7. Sound suppressors, muzzle brakes and flash suppressors are permitted.

12.6.8. Competitors may use a spotting scope on the firing line to observe their own results.

13. AMMUNITION

13.1. Only cartridges loaded with full-metal-jacket or semi-jacketed bullets may be used in the competition.

13.2. Semi-automatic firearms must cycle and reload automatically from a magazine. Manual loading of individual cartridges is prohibited. A maximum of five (5) cartridges may be loaded into the magazine at any one time.

13.3. Bolt-action firearms may be loaded from a magazine or manually one cartridge at a time. A maximum of five (5) cartridges may be loaded into the magazine at any one time.

13.4. The organiser will not provide competitors with ammunition or any other shooting equipment.

14. SAFETY AND ANCILLARY EQUIPMENT

14.1. Firearms may only be removed from their bags or cases on the firing line or within a designated **SAFETY ZONE** for maintenance and repair purposes.

14.2. Ammunition is strictly prohibited within the **SAFETY ZONE**.

14.3. All courses of fire must be shot from the prone position.

14.4. Electronic and mechanical rangefinders and wind-measuring devices may be used on the firing line.

14.5. External assistance in determining target distances, identifying hits or assessing weather effects is prohibited on the firing line.



14.6. Courses of fire will be conducted solely under the commands of the Firing-Line Range Officer:

- **LOAD AND MAKE READY;**
- **FIRE;**
- **CEASE FIRE.**

Each command will be signalled by a whistle.

14.7. Any competitor who FIRES A SHOT before the authorised start signal or after the cease-fire signal will be immediately disqualified from the competition.

14.8. A competitor wishing to terminate a course of fire early, or experiencing a firearm malfunction, must notify the Firing-Line Range Officer by raising a hand.

14.9. No additional time will be granted for firearm malfunctions. The competitor must be capable of clearing the malfunction and completing the required competition shots within the prescribed time limit.

14.10. A competitor may only rise from the firing position and leave the firing point before the end of the course of fire after unloading the firearm and after the Firing-Line Range Officer has conducted a safety inspection.

14.11. Firearms may only be removed from their bags or cases on the firing line after the appropriate command has been given by the Firing-Line Range Officer.

14.12. The Firing-Line Range Officer may only authorise firearms to be placed on the firing line after all target personnel have left the target area and the safety of the firing sector has been confirmed.

14.13. Competitors may take position behind their firearms only after receiving the appropriate command from the Firing-Line Range Officer.

14.14. Competitors who disregard safety regulations, accepted standards of conduct or competition procedures may be removed from the competition by the Firing-Line Range Officer following a second warning. The final decision rests with the Chief Range Officer.

15. COMPETITION CONDITIONS

15.1. The competition is conducted on an individual basis only.

15.2. Results in the Open Class and 1 km Designated Marksman event will not count towards the accumulated points of the 2026 Long-Range Shooting Championship Series. Each such competition will be treated as an individual result.

15.3. Scoring will be conducted in accordance with the applicable rules of the International Shooting Sport Federation (ISSF).

15.4. If more shots are found on a target than are permitted for that distance under these regulations, the highest-value hits will be deducted.

15.5. Where the Range Officers are able to distinguish between different calibres or identify markings produced by individual bullets, only shots confirmed as having been fired by the relevant competitor at their own target will be scored.

15.6. In the event of equal individual scores, ties will be broken in the following order:

1. score in the final series;
2. score in the penultimate series;
3. number of 10s in the final series;
4. and so forth in accordance with the same principle.

Any matters not specifically covered by these Competition Regulations will be decided by the Jury.

16. PROTESTS

16.1. Protests must be submitted in writing within 30 minutes of the publication or announcement of the relevant results.



Protests submitted after the 30-minute deadline will not be considered by the Chief Range Officer or the Jury.

17. AWARDS

17.1. Individual winners will be awarded a long-range shooting medal and diploma. The overall winners of the Championship Series will receive an Estonian Defence League Championship medal, trophy and diploma.

18. GENERAL PROVISIONS

18.1. The organiser will not provide competitors with firearms, bipods or other firearm supports, ammunition, shooting mats or spotting scopes.

18.2. In the interests of general safety, and unless specifically authorised by the organiser, the open carrying of firearms, spare magazines, combat knives, bayonets or swords is prohibited at the competition venue.

Chief Range Officer

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